



**PAN AFRICAN CONGRESS
OF INTEGRATIVE MEDICINE**

4 - 6 May, 2017 Cape Town, South Africa

Thursday, 4 May 2017

Pre Conference Workshop 1A	Simonsberg Room	Pre Conference Workshop 2 A	Stellenberg Room
08:30 – 10:30	Integrative Management of Addiction Dr. Dalal Akoury: USA	Developing Core Leadership Skills for Integrative Health Leaders Prof. Adam Perlman: USA	
10:30 – 11:00	Tea/Coffee Break		Foyer
Pre Conference Workshop 1B	Simonsberg Room	Pre Conference Workshop 2B	Stellenberg Room
11:00 – 12:00	Kids and Mental Health: Evidence based Holistic/Integrative Medicine for Psychiatric Disorders in Children and Teens Dr. Judith Pentz: USA	Mindfulness Seminar “Mindfulness: It’s not What You Think - A Clinical Overview and an Experiential Taste” Dr. Simon Whitesman: South Africa	
12:00 – 13:00	Nootropics (Cognitive enhancers) Prof. Con Stough: Australia		
14:00 – 17:30	Opening Session: Introducing Integrative Medicine Chairman: Dr. David Nye: South Africa		Auditorium
14:00 – 14:10	Conference Welcome Dr. David Nye: South Africa		
14:10 – 14:35	The Chronic Disease Burden in South Africa Dr. Keith Cloete: South Africa		
14:35 – 15:00	Introducing Integrative Medicine Dr. Bernard Brom: South Africa		
15:00 – 15:40	Integrative Health Moving Beyond Disease Management to Optimum Vitality Prof. Adam Perlman: USA		
15:40 – 16:15	It Takes More than Evidence-Based Medicine to ‘Cure Sometimes, Relieve Often and Comfort Always’ Prof. Daniel Ncayiyana (past editor SAMJ): South Africa		
16:15 – 16:45	Tea/Coffee Break		Foyer
16:45 – 18:00	Plenary Session: The Challenge of IM Chairman: Bernard Brom		Auditorium
16:45 – 17:30	The Science of Uncertainty: A New Medical Paradigm Dr. Daniel Weber: Australia		
17:30 – 18:00	Panel Discussion: The Challenge of IM – Dr. Bernard Brom: South Africa Prof. Adam Perlman: USA, Prof. Daniel Ncayiyana: South Africa, Dr. Keith Cloete: South Africa, Dr. Manuela Boyle: Australia, Dr. Daniel Weber: Australia		
18:00 – 19:30	Welcome Reception		

Friday, 5 May 2017

08:00 – 10:45	Plenary Session Integrative Oncology Chairman: Dr. Helen Muir: South Africa	Auditorium
08:00 – 09:30	Integrative Oncology Dr. Dalal Akoury: USA	
09:30 – 10:30	Panel Discussion: Dr. Daniel Weber: South Africa, Dr. Helen Muir: South Africa, Dr. Raoul Goldberg: South Africa, Dr. James Laporta: South Africa, Dr. Manuela Boyle: Australia	
10:30 – 10:45	Question & Answer	
10:45 – 11:10	Tea/Coffee Break	Foyer
11:10 – 13:20	Plenary Session: Health Medicine Chairman: Dr. Leila Sadien	Auditorium
11:10 – 11:40	A Successful Approach to the Management of MS Prof. Susan van Rensburg, South Africa	
11:40 – 12:30	Environmental Ill-Health. Inhalant allergens, Food and Chemical Sensitivity - The Problem Dr. Damien Downing: United Kingdom	
12:30 – 13:20	Cognitive Health throughout Different Life Stages Soho Flordis International: SFI Prof. Marius Smuts: South Africa, Prof. Con Stough: Australia, Prof. Jonathon Raey: United Kingdom	
13:20 – 14:10	Lunch	Foyer
14:10 – 14:55	Plenary Session Integrative Psychiatry Chairman: Dr. Shivvy Dawson: South Africa	Auditorium
14:10 – 14:55	The Brain and Nutrition: Is there a connection? Dr. Judith Pentz: USA	
15:00 – 15:45	Plenary Session Integrative Medicine – Internationally Chairman: Dr Leah Murray	Auditorium
15:00 – 15:45	Healthy Aging in Women Dr. Dalal Akoury: USA	
15:45 – 16:15	Tea/Coffee Break	Foyer
16:15 – 18:00	Plenary Session Medical Cannabis Discussion Chairman: Dr. Michael Venter: South Africa	Auditorium
16:15 – 17:00	Clinical Experience Dr. Jonathan Grunfeld: Israel	
17:00 – 17:20	My Experience with Cannabis Dr. Dalal Akoury: USA	
17:20 – 17:45	EBM and Medicinal Cannabis Prof. Con Stough: Australia	
17:45 – 18:00	Panel Discussion: Tony Budden: South Africa, Prof. Con Stough: Australia, Dr. Manuela Boyle: Australia, Dr. Jonathan Grunfeld: Israel, Dr. Dalal Akoury: USA	
18:15 – 19:15	An Electromagnetic Field radiation HYGEIA model analysis of the Brain James C. Lech, MSc. candidate of Rhodes University, Department of Information Systems.	
19:15 – 20:00	Snacks will be served - sponsored by SA Journal of Natural Medicine	Foyer

Saturday, 6 May 2017

09:00 – 10:45	Plenary Session Healthy Aging Chairman: Dr. Erika Drewes: South Africa	Auditorium
09:00 – 09:55	Ecological Health & Integrative Solutions Dr. Damien Downing: United Kingdom	
10:00 – 10:45	The Practical Side of the Aging Immune System and Management Prof. Patrick Bouic: South Africa	
10:45 – 11:15	Tea/Coffee Break	Foyer
11:15 – 13:00	Plenary Session Healthy Aging Chairman: Dr. Neil Burman South Africa	Auditorium
11:15 – 12:15	Stress and Inflammation Dr. Daniel Weber: Australia	
12:10 – 13:00	Why the Paradigm Shift Needs to Happen Prof. Tim Noakes, South Africa	
13:00 – 14:00	Lunch	Foyer
13:30 – 14:00	The Unnatural Regulation Of Natural Health Products Anthony Rees : Chairman of the Traditional & Natural Health Alliance, South Africa	Auditorium
14:00 – 14:55	Plenary Session Health Aging Chairman: Dr. Erika Drewes: South Africa	Auditorium
14:00 – 14:55	Cell Membrane and Mitochondrial Dysfunction Dr. Damien Downing: United Kingdom	
15:00 – 16:00	Limitations of the Somatic Mutation Theory Of Cancer Dr Manuela Boyle: Australia	
16:00 – 16:30	Tea/Coffee Break	Foyer
16:30 – 18:00	Closing Session Art & Science of Medicine Chairman: Dr. Bernard Brom: South Africa	Auditorium
16:30 – 16:50	Introduction Dr. Bernard Brom: South Africa	
16:50 – 17:30	Why Complexity Matters Dr. Rika Preiser: South Africa	
17:30 – 18:00	Open Discussion: Chairman Dr Renee Usdin, South Africa Dr. Judith Pentz: USA, Dr. Manuela Boyle: Australia, Dr. Daniel Weber: Australia, Renee Usdin: South Africa	